

Gottman Couples Workshop

The Art & SCIENCE of Love

Couples learn how to...

- ❖ Foster respect, affection and closeness
 - ❖ Keep conflict discussions calm
 - ❖ Build and share a deeper connection
 - ❖ Break through and resolve conflict gridlock
 - ❖ Strengthen and maintain success in your relationship
- ▶ Share research-based tools of successful relationships by referring your clients
 - ▶ Appropriate for All Couples
 - ▶ CEU's available for Professionals



TWO California Locations!

Los Angeles - Orange County ~ Newport Beach, CA

Next Workshop: November 16th-17th, 2013

New 2014 Dates: March 29th-30th, July 19th-20th, and November 8th-9th, 2014

San Francisco Bay Area ~ Mill Valley, Marin County

Next Workshop: February 8th-9th, 2014

New 2014 Dates: May 17th-18th, and September 27th-28th, 2014

www.aCouplesWorkshop.com

Presented by Senior Gottman Certified Therapists
Lisa Lund, CRC, MFT (33393) & Bob Navarra, PsyD, MFT (15997)